

Third Age Centre List of Resources for De-Cluttering and Downsizing

1. SELL:

Auctions – for sale and appraisal

A-1 Auctioneers, Quispamsis, 506-847-9568

Cameron Industrial Inc, Maugerville, 458-5679 – every week

Burden Auctioneers, 35 Casewood Drive, 450-9016

Jardine Auctioneers, Hanwell Road, 454-4400

Consignment shops

ReNeu Boutique, 349 King Street, 450-3222

Second Showing Boutique, 1010 Hanwell Road, 458-1305

Daily Gleaner Classifieds 1-800-561-7166

Digital World – 140 Dundonald Street, 455-2274

Quality new & used electronics, computers, music, movies, video games, instruments

eBay – www.ebay.ca

Flea markets – every Sunday 10:30-2:30 King’s Place Mall, 490 King Street, Fredericton

Book a table through Tony – 472-2923

Garage Sales

Many local churches have spring indoor yard sales

Kijiji – www.kijiji.ca

Add your own suggestions : _____

2. DONATE:

Anti-Poverty Organization – 242 Gibson Street, 458-9102

Open Mon – Fri 9-5; Sat 9-4

Clothing, furniture, bedding, small appliances

Bible for Missions Thrift Store – 387 Sunset Drive, 454-9662

Books –

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Fredericton Library – 12 Carleton Street, 460-2800

Canadian Federation of University Women’s Book Sale – in spring (late May)

Used Book Stores:

Owl’s Nest – 390-Queen Street, 458-5509

Reading Corner – 230-Main Street, 458-9680
Read’s United Book Exchange – 435 King Street, 454-5333
Value Village – 371 Bishop Drive, 455-7676

Canadian Diabetes Association - 61 Carleton Street, 452-9009
www.diabetes.ca
Free pick up of used clothes and household items
To donate clothes, call Clothesline at 1-800-505-5525

Changes – 173 King Street, 454-1734
Open Mon – Sat 10-5
Quality used goods

Churches – Greenwood Drive Baptist Church – 150 Greenwood Drive
Open Wed. 9-11, Sept to May
Clothing, toys, books, shoes, small household items

Eyeglasses – Lion’s club accepts used eyeglasses
Call Gary Rideout, 472-0054

Fredericton Emergency Shelter – 65 Brunswick Street, 450-1102
www.theshelters.ca
Always in need of bedding, toiletries, detergent, etc.

Habitat for Humanity ReStore – 125 Whiting Road, 474-1520
Open Mon – Sat 9-5
Building supplies, household items

King Street Trading Post – 381 King Street, 455-7355

New Brunswick Association for Community Living – 1-866-622-2548 (free pick-up)
www.nbacl.ca (see website for locations of orange donation boxes and list of accepted items)

Salvation Army – 410 Aberdeen Street, 455-9736
Open Mon – Sat 10-5
Clothing, furniture, bedding, kitchen items, small appliances

Transition House – 457-2770
Always in need of night clothes, bedding, toys, toiletries

Value Village – 371 Bishop Drive – 455-7676
Clothing, housewares, furniture

Add your own suggestions: _____

3. RECYCLING:

See pages 8-12 in 2011 Fredericton Telephone Directory for complete list of places to recycle

Atlantic E-Waste Solutions – www.atlanticewaste.com 506-328-5726
Computers, cell phones, electronics

Best Metals – 320-Wilsey Road, 453-1020

Department of Education - Whiting Rd
Accepts old computers and electronics for recycling

Fero Waste & Recycling Inc, 472-3376

Fredericton Region Solid Waste Commission -1775 Alison Blvd, www.frswc.ca
Recycling hotline – 453-9938

Greer’s Mountain Salvage - 32 Timothy Drive, 459-7747

Trius Junk Movers – 459-7300 or 461-1408 for estimates
Yard waste, large appliances

Ready Set Recycle - www.readysetrecycle.ca
Printer cartridges, cell phones, small appliances
Drop-off boxes at Fredericton Public Library

Add your own suggestions: _____

4. TRASH:

Hazardous household waste – Fredericton Landfill - 1775 Allison Blvd, 453-9938
Free drop-offs - Wednesdays (7:30-4) and Saturdays (7:30-3)
Check website, www.frswc.ca for list of hazardous waste items accepted

Add your own suggestions: _____

Library Resources

Books about decluttering, downsizing and organization from the Fredericton Public Library

Title	Author
Outwitting Clutter	<i>Bill Adler</i>
Lose 200 Pounds This Weekend: It's time to declutter your life!	<i>Don Aslett *</i>
Throw Out Fifty Things	<i>Gail Blanke *</i>
Real Simple: The Organized Home	<i>Kendall Cronstrom</i>
The Clutter-Busting Handbook	<i>Rita Emmett</i>
Clean Sweep	<i>Alison Haynes</i>
Organize It!	<i>Mervyn Kaufman *</i>
The Complete Idiot's Guide to Decluttering	<i>Regina Leeds *</i>
Eliminate Chaos	<i>Laura Leist</i>
The Art of Organizing Anything	<i>Rosalie Maggio *</i>
Put Your House on a Diet	<i>Ed Morrow *</i>
Stop Clutter From Stealing Your Life	<i>Mexico Mike Nelson</i>
Easy Home Organizer	<i>Vicki Payne *</i>
Organizing Plain and Simple	<i>Donna Smallin</i>
The Learning Annex Presents Uncluttering Your Space	<i>Ann Sullivan</i>
Lillian Too's 168 Feng Shui Ways to Declutter Your Home	<i>Lillian Too *</i>
Decluttering	<i>Bernice Walmsley *</i>
Downsizing Your Home With Style	<i>Lauri Ward</i>
Rightsizing Your Life	<i>Ciji Ware *</i>

* = Books available from other libraries through Fredericton Public Library

More recommended reading from Jackie Vanthournout

Organizing Outside the Box. Hellen Buttigieg
The Clutter Cure..... Judi Culbertson
The Boomer Burden..... Julie Hall
Conquering Chronic Disorganization. Judith Kolberg
Organizing from the Inside Out. Julie Morgenstern
Organizing for Your Brain Style..... Lanna Nakone
Real Simple..... Organizing magazine
The One-Minute Organizer (plain and simple)..... Donna Smallin (easy reader)
Organise Your Home..... Debbie Stanley
The Well Organized Home..... Judith Wilson

